

Don't know where to start?

That's what we are here for. Computer Friendly is a charity set up to help people get to grips with computers and get online. We have approximately 45 volunteers to help you on our courses and at our Drop-In Centres.

Here are three ways you can take your Next Steps:

Come and talk to us at our Drop-In Centres. Have a chat to understand a bit more about it and how we can help.

Book some One-to-One help for an hour. It's free, and you have an hour with one of our experts. They can help you decide where to start.

Book on our Taste of the Internet course. $\pounds 10$ for 2 weeks getting to know what a computer is about. You can try out tablets and laptops.

Call us now to take the next step.

Tel: 020 3239 1559 Open Mon-Wed 9am to 1pm, please leave a message and we will call back. We can talk you through the best way forward for you. Please quote reference CF02.



"I believe every person could gain by going on the course" Beginners course Student

Our Beginners courses are:

Starting off with Apple iPads Starting off with Android tablets

Starting off with Windows computers

A one-off £10 administration charge is the only cost for these courses

For Windows Getting Started courses we provide laptops during course time. For Android and iPad courses you need to bring your own tablet or iPad.

Correspondence address

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www.cfsta.org email:courses@cfsta.org



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Computer Friendly

WHAT'S THIS

'Online' AND

'Internet'

THEN ?

Visit our Drop-In Centres for free advice Fleetville Community Centre, St Albans Mondays 10am-3.30pm or Harpenden Skew Bridge Pub Drop-In Centre, Tuesdays 10am-1pm or telephone for a 1:1 one hour appointment.



Want to save up to £500 each year? -Get Online

What is all this 'Online' and 'Internet'?

There is a huge network that connects lots of computers together around the world so that you and I could talk or pass messages when we are miles apart. Almost all shops and businesses are connected so we can buy things from them. It is called 'The Internet', and 'The Web', and 'Being Online' is when you use it.

And where does the £500 come in? You are:

- Paying more for many goods because they are cheaper if you buy them online and you can easily shop around without having to visit all the shops
- Missing out on better savings rates because they are only offered if you are online
- Paying extra costs for having paper bills and bank statements
- Missing out on the best electricity and gas rates because you can't find them

But is it really £500?

Lloyds Bank did a survey called The Consumer Digital Index 2016 and worked out it could cost you \pounds 500 to \pounds 700 a year if you weren't online.

> Please pass this on to anyone you know who doesn't want to be left behind and would like help using a computer, iPad or tablet.

What else can I do?

It is easy to keep in touch with friends and relatives:

You can have free telephone and video calls with them You can send them short messages and longer ones called emails You can share photos

It is easy to find basic health information and advice without needing to wait for a doctor's appointment

Follow up on your hobby: Recipes for any dish you fancy Answer those gardening questions Research your family history

Sort out your money at any time of the day or night, see if it has gone into your bank account, without having to go out

Play games for fun, either against yourself or with others you know. Many games will find you someone to play against: Crosswords, Solitaire, Chess, Bridge, Scrabble

Buy your groceries online and have them delivered



This is what some of

our Beginners course students thought:

- "It went at my pace allowing me to learn rather than become confused and discouraged"
- "Thanks to the tutor, he has loads of patience and is very helpful"
- "Thank you. The course has been a great help to me. My knowledge has increased and my confidence has too"

OK, What's the catch: what will it cost me? It doesn't have to cost you anything.

Don't I have to buy a computer?

Most libraries have computers you can use for free. With many you can book an hour for when you want to be there. If you want to buy your own computer or tablet we have a guide which will help you to choose what is best for you.

But I hear it isn't safe on the Internet

If you are careful you can protect yourself. We can show you how.

Call us now to take the next step Tel: 020 3239 1559 Open Mon-Wed 9am to 1pm, please leave a message and we will call back.

We can talk you through the best way forward for you.





